

COVID-19 Resources

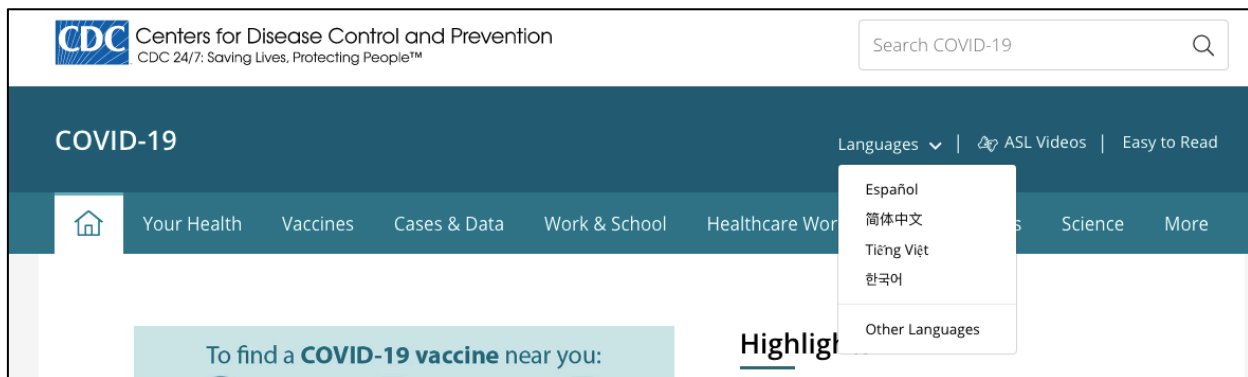
General:

[Teton County, Wyoming website](#) English; español

[Wyoming Department of Health website](#) English; multiple language translations available



[Centers for Disease Control website](#) English; multiple language can be found at [THIS website](#)



[Coronavirus \(COVID-19\)](#) English; [Coronavirus \(COVID-19\)](#) español

+++++

Help - financial:



One22: 307-739-4500

<http://www.One22jh.org>(English)

<https://www.one22jh.org/sp-home> (español)

Financial relief awards: You may apply for these awards once in a 30-day period; local families have priority for receiving them.

Awards must be used for grocery store gift cards and rent payments. These cards can be used at Smiths for food, medication, and gasoline.

Mortgage assistance: Homeowners needing assistance in paying their mortgages are encouraged to contact their lending institution regarding forbearance, refinancing, or other options.

Rental and energy assistance: The ERAP program is now being used for rental assistance. Call One22 for help filling out the application. To get started on your own, go to <https://dfs.wyo.gov/assistance-programs/home-utilities-energy-assistance/emergency-rental-assistance-program-erap/>

Exceptions: Individuals who have been approved for and are receiving unemployment benefits are not eligible for One22 relief funds at this time.

Other available assistance through One 22:

Language Access
Immigrant Services
Jackson Cupboard

+++++

Work – Unemployment:

If you are eligible for unemployment benefits and have not yet applied, please do so.



Wyoming Department of Workforce Services <http://wyomingworkforce.org/workers/ui/filing/>

Telephone: 307-733-4091

+++++



Food/Groceries/Supplies:

To help you succeed in your isolation or quarantine having a friend (who is not in isolation or quarantine) delivery to you or using one of the services below is BEST!

For no cost food options

Go to: <http://www.jhfoodhelp.com>

Jackson Cupboard

Go to: <https://www.one22jh.org/jackson-cupboard>

Now operating as a program of One 22

Shop and Delivery services

Mountains of Groceries

Go to: <https://mountainsofgroceries.com/order-groceries/>

Snap Pea

Go to: <https://www.snappeagrocerydelivery.com/order-groceries>

Whole Foods

Go to: <https://www.wholefoodsmarket.com/online-ordering>

*anticipates Prime Curbside and Delivery by mid June

Albertsons

Go to: <https://local.albertsons.com/wy/jackson/105-buffalo-way/grocery-delivery-pickup.html>

Smiths

Go to: <https://www.smithsfoodanddrug.com/products/start-my-cart>

Door Dash

Go to: <https://www.doordash.com/business/Jackson-Hole-75654/menu/>

Jackson Gold Menus

Go to: <https://www.jacksongoldmenus.com/>

Additional restaurant delivery - options change frequently, so check local newspaper or restaurant websites for up-to-date information.

+++++

Energy-Related Assistance

Energy Share of Wyoming - A Salvation Army Program

<http://www.energyshareofwyoming.org>

If all other sources of assistance have been exhausted, Energy Share may individuals pay their home energy bills. A one-time expenditure of up to \$400.00 per household can be made to provide assistance.



help

Download and fill out the application:

Link to Application:

<http://www.energyshareofwyoming.org/application-form.html>

The Salvation Army is the local representative for Energy Share and is responsible for assessing need and determining eligibility for Energy Share assistance. The organization focuses on helping with energy-related emergencies. Energy Share funds are to be used as a last resort for people in emergency need with no other obvious resources. Special consideration is given to senior citizens and the disabled. Contact your local Salvation Army to see if you qualify for assistance.

+++++

Health Care

Urgent Care

Call **307-739-8999** opt 0

If you have any symptoms, no matter how mild:

fever, cough, shortness of breath, sore throat, muscle aches, loss of sense of smell or taste, or flu symptoms.



St. John's Hospital

If you have shortness of breath or are unable to catch your breath, call 911 or go to **St. John's Emergency Department at 625 E. Broadway.**

Other:

Teton Free Clinic
505 E Broadway
Jackson, WY 83001
Phone: 307.739.7492

<https://www.tetonfreeclinic.org>

+++++



Mental Health Resources

Image: American Medical Students Assoc.

- St. John's Mental Health Resource line: call or text (307) 203-7880. A licensed clinical social worker will discuss your concerns and guide you to appropriate resources.
- MyStrength.com mobile resource from Jackson Hole Community Counseling
 - Access code: JHCommunity): <https://app.mystrength.com/signup/>
 - Free and confidential resource
 - General mental health and COVID-19 specific - stress and anxiety
- Jackson Hole Community Counseling Center Crisis Line: 307-733-2046
- Additional resources at: <https://www.jhccovid.com/mental-health-resources>
- Teton Behavior Therapy (TBT) of Jackson & Victor
 - Main line: 307-734-6040
 - After hours support line: 307-203-4641
 - Email: Info@tetonbehaviortherapy.com
- Substance Abuse & Mental Health Distress Helpline: 1-800-985-5990 or text "TalkWithUs" to 66746
- National Suicide Prevention Lifeline: 1-800-273-TALK
- SAMHSA (Substance Abuse and Mental Health Services Administration)
 - Disaster Distress Helpline – 1.800.985.5990 or text "TalkWithUs" to 66746
- National Alliance for Mental Illness
 - Phone line available specifically for COVID-19 tips for those with mental illness.
 - Website also has some useful advice.

NAMI Help Line at 800-950-NAMI (6264)

Text "NAMI" to 741741

- [Virusanxiety.com](https://www.virusanxiety.com) toolkit

+++++

Pet Assistance:



PAWS of Jackson Hole - (307) 734-2441

Safe, secure and refundable care for dogs if their owner needs to quarantine and cannot care for them.